

IMPORTANT NUMBERS

Royal Barbados Police Force 211
Barbados Fire Service 311
Barbados Ambulance Service 511
National Assistance Board 426-3131
Family Doctor _____

PERSONAL SUPPORT NETWORK:

1

Name: _____

Home Address: _____

Telephone: _____

2

Name: _____

Home Address: _____

Telephone: _____

3

Name: _____

Home Address: _____

Telephone: _____



EMERGENCY SHELTERS IN BARBADOS WITH WHEELCHAIR ACCESS

ST. MICHAEL

St. Leonard's Boys' School
Dalkeith Methodist Church
The University of the West Indies

CHRIST CHURCH

Blackman and Gollop Primary
St. Christopher Primary
St. Matthias Anglican Church

ST. GEORGE

Cuthbert Moore Primary

ST. JAMES

Gordon Greenidge Primary
West Terrace Primary School

ST. PETER

Coleridge and Parry Secondary
Roland Edwards Primary
All Saints Primary School
Alexandra School

ST. LUCY

Ignatius Byer Primary
Daryll Jordan Secondary School



Department of Emergency Management
30 Warrens Industrial Park,
Warrens, St. Michael.

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Disaster Preparedness

for the Elderly and People with
Disabilities & Special Needs





WHAT IS A HAZARD?

A potentially damaging physical event, phenomena or human activity that may lead to any one or a combination of the following:

1. Injury
2. Loss of life
3. Property damage
4. Social and economic disruption
5. Environmental degradation

KEY HAZARDS TO WHICH BARBADIANS ARE VULNERABLE

Tropical cyclones - Storms & Hurricanes
Floods
Droughts
Earthquakes
Tsunamis
Landslides
Fires
Explosions
Oil spills
Hazardous Material (HazMat) Events (e.g. Anthrax)
Epidemics (e.g. Swine Flu (H1N1), Cholera, Chikungunya, Ebola)
Air/ Water Pollution
Soil contamination
Terrorism
Transport accidents

Mitigation & Preparedness Activities

- 1** Form a personal support network - A personal support network is a group of at least three (3) people you know and trust and who will help you during an emergency.
 - Tell these support people where your emergency supplies kit is stored.
 - Give one member a key to your home.
 - Where feasible, include a support network contact who is far enough away that they are unlikely to be affected by the same emergency
- 2** Identify those hazards to which your household is prone such as flooding, landslides, high winds, etc.
- 3** Mitigate where feasible against those hazards to which your home is prone. For example, in the case of flooding install sandbags; to mitigate against high winds invest in hurricane straps for roofs and shutters for glass windows and doors.

Your home should be your first shelter. Therefore ensure that it is well maintained.

- 4** Find out what emergency plans are in place in your community, workplace, service agencies, etc. Determine whether these plans have considered your functional needs
- 5** Have your emergency supplies kit ready. This kit should include:
 - Water - 1- 2 gallons per person, per day (3-day supply for evacuation and 2-week supply for home)
 - Non-perishable food (3-day supply for evacuation and 2-week supply for home)
 - Flashlights with extra batteries (**DO NOT USE CANDLES**)

- Battery-operated radio
- First aid supplies
- Medication (at least enough for 7 days)
- Sanitation and personal hygiene items (toilet paper, garbage bags)
- Cell phone with an extra battery and charger(s)
- Whistle (to attract the attention of emergency personnel)
- Manual can opener

- 6** Secure important documents such as title deeds, birth and marriage certificates, ideally in a water and fire proof container
- 7** If you require accessible transport to evacuate an area, identify public and private resources that will help you
- 8** Know where the public emergency shelter closest to your home is located.
- 9** Determine in advance who can take care of your animal (e.g. Seeing Eye dogs, pets, etc.) during an emergency.
- 10** Watch/ listen to the local radio or television for progress reports and official instructions.
- 11** Keep a pencil and paper handy for written communication if you are hearing impaired
- 12** Familiarize yourself in advance with all escape routes and locations of emergency exits on each floor of any building where you work, live or visit routinely/regularly for example the doctor's office.



Emergency Kit